

Classes for:  
**(A) = Adults**  
**(K) = KIDS**  
**(F) = Family**




# July 2022



## Completely KIDS Adult and Family Classes

Questions/Register: 402-397-5809 ext. 223 or 220 Address: 2566 St. Mary's Ave. Omaha, NE 68105

2021-2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28 5pm-6pm Yoga (A) 5pm-6pm Financial Education (A) 5pm-6:30pm Women's Art (A) 5pm-7pm Citizenship Class (A)	29 5pm-6pm Zumba (A) 5pm-6:30pm Adult MH Group (A) 5pm-6:30pm Cooking & Nutrition (A) 4:30pm-6:30pm Haircutting (A)	30 5pm-7pm Parenting Class (A)	1 <b>NO FAMILY PROGRAM!</b>	2 <b>NO FAMILY PROGRAM!</b>
4 <b>NO FAMILY PROGRAM!</b>  Happy Independence Day! 	5 <b>NO FAMILY PROGRAM!</b>	6 5pm-6pm Zumba (A) 5pm-6:30pm Adult MH Group (A) 5pm-6:30pm Cooking & Nutrition (A) 4:30pm-6:30pm Haircutting (A)	7 5pm-7pm Parenting Class (A)	8 5pm-6pm Zumba (A)	9 10am-12pm UNMC KIDS! (K) 10am-12pm KIDS Curiosity Club (K) 10am-11am Soccer Club (K) 10am-11am Skateboard Club (K) 11am-12pm Martial Arts (K) 11am - 12pm Gardening Class (A) 10am-12pm Citizenship Class (A) 10am-12pm Women's Art (A) 11am-12pm Zumba (A)
11	12 5pm-6pm Financial Education (A) 5pm-6pm Yoga (A) 5pm-6:30pm Women's Art (A) 5pm-7pm Citizenship Class (A)	13 5pm-6pm Zumba (A) 5pm-6:30pm Adult MH Group (A) 5pm-6:30pm Cooking & Nutrition (A) 4:30pm-6:30pm Haircutting (A)	14 5pm-7pm Parenting Class (A)	15 5pm-6pm Zumba (A)	16 10am-12pm UNMC KIDS! (K) 10am-12pm KIDS Curiosity Club (K) 10am-11am Soccer Club (K) 10am-11am Skateboard Club (K) 11am-12pm Martial Arts (K) 11am - 12pm Gardening Class (A) 10am-12pm Citizenship Class (A) 10am-12pm Women's Art (A) 11am-12pm Zumba (A)
18	19 5pm-6pm Financial Education (A) 5pm-6pm Yoga (A) 5pm-6:30pm Women's Art (A) 5pm-7pm Citizenship Class (A)	20 5pm-6pm Zumba (A) 5pm-6:30pm Adult MH Group (A) 4:30pm-6:30pm Haircutting (A)	21 5pm-7pm Parenting Class (A)	22 5pm-6pm Zumba (A)	23 10am-12pm UNMC KIDS! (K) 10am-12pm KIDS Curiosity Club (K) 10am-11am Soccer Club (K) 10am-11am Skateboard Club (K) 11am-12pm Martial Arts (K) 11am - 12pm Gardening Class (A) 10am-12pm Citizenship Class (A) 10am-12pm Women's Art (A) 11am-12pm Zumba (A)
25	26 5pm-6pm Yoga (A) 5pm-6:30pm Women's Art (A) 5pm-7pm Citizenship Class (A)	27 5pm-6pm Zumba (A) 5pm-6:30pm Adult MH Group (A)	28	29 5pm-6pm Zumba (A)	30 10am-12pm UNMC KIDS! (K) 10am-12pm KIDS Curiosity Club (K) 10am-11am Soccer Club (K) 10am-11am Skateboard Club (K) 11am-12pm Martial Arts (K) 11am - 12pm Gardening Class (A) 10am-12pm Citizenship Class (A) 10am-12pm Women's Art (A) 11am-12pm Zumba (A)