

Classes for:  
**(A) = Adults**  
**(K) = KIDS**  
**(F) = Family**



# February 2024



## Completely KIDS Adult and Family Classes

Questions/Register: 402-397-5809 ext. 220 or 208 Address: 2566 St. Mary's Ave. Omaha, NE 68105



2023-2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>29</b> 4:30pm-6:30pm Haircutting class (A) 5:30pm - 6:30pm Zumba (A)	<b>30</b> 9:15am-11:15am ESL (Beginner) (A) 11:30am-12:30pm ESL (Intermediate) (A) 3:30pm-6:00pm GED (A) 3:30pm-6:00pm Computer Literacy (A) 4:30pm-6:30pm ESL (Beginner) (A) 5:30pm-6:30pm Yoga (A)	<b>31</b> 9:30am-12:30pm Crafts (A) 12:30pm-2:30pm Adult MH Group 4:30pm-6:30pm Haircutting class (A) 5:00pm-6:30pm Mindfulness Group (A) 5:30pm-6:30pm Zumba (A)	<b>1</b> 9:15am-11:15am ESL (Beginner) (A) 11:30am-12:30pm ESL (intermediate) (A) 3:30pm-7pm GED (A) 4:30pm-6:30pm ESL (Beginner) (A) 5:30pm-7pm Homework Diner (F)	<b>2</b> <u><b>NO FAMILY PROGRAM!</b></u> <b>Non - School Day!</b> Call Completely KIDS to your child(ren)	<b>3</b> 10am-11am Ballet (K) 10am-11am Basketball (K) 11am-12pm Martial Arts (K) 10am-12pm Piano Level 1 & 2 (K) 10am-12pm Curisoity Club (K) 10am-12pm Citizenship (A) 10am-12pm Women's Art (A) 10am-12pm GED (A) 10am -12pm ESL (intermediate) (A) 10am-12pm Empowerment group (A)
<b>5</b> 4:30pm-6:30pm Haircutting class (A) 5:30pm - 6:30pm Zumba (A)	<b>6</b> 9:15am-11:15am ESL (Beginner) (A) 11:30am-12:30pm ESL (Intermediate) (A) 3:30pm-6:00pm GED (A) 3:30pm-6:00pm Computer Literacy (A) 4:30pm-6:30pm ESL (Beginner) (A) 5:30pm-6:30pm Yoga (A)	<b>7</b> 9:30am-12:30pm Crafts (A) 12:30pm-2:30pm Adult MH Group 4:30pm-6:30pm Haircutting class (A) 5:00pm-6:30pm Mindfulness Group (A) 5:30pm-6:30pm Zumba (A)	<b>8</b> 9:15am-11:15am ESL (Beginner) (A) 11:30am-12:30pm ESL (intermediate) (A) 3:30pm-7pm GED (A) 4:30pm-6:30pm ESL (Beginner) (A) 5:30pm-7pm Homework Diner (F)	<b>9</b> 9:30am-12:30pm Crafts (A) 3:45pm-6:30pm Sewing (A)	<b>10</b> 10am-11am Ballet (K) 10am-11am Basketball (K) 11am-12pm Martial Arts (K) 10am-12pm Piano Level 1 & 2 (K) 10am-12pm Curisoity Club (K) 10am-12pm Citizenship (A) 10am-12pm Women's Art (A) 10am-12pm GED (A) 10am -12pm ESL (intermediate) (A) 10am-12pm Empowerment group (A)
<b>12</b> 4:30pm-6:30pm Haircutting class (A) 5:30pm - 6:30pm Zumba (A)	<b>13</b> 9:15am-11:15am ESL (Beginner) (A) 11:30am-12:30pm ESL (Intermediate) (A) 3:30pm-6:00pm GED (A) 3:30pm-6:00pm Computer Literacy (A) 4:30pm-6:30pm ESL (Beginner) (A) 5:30pm-6:30pm Yoga (A)	<b>14</b> 9:30am-12:30pm Crafts (A) 12:30pm-2:30pm Adult MH Group 4:30pm-6:30pm Haircutting class (A) 5:00pm-6:30pm Mindfulness Group (A) 5:30pm-6:30pm Zumba (A)	<b>15</b> 9:15am-11:15am ESL (Beginner) (A) 11:30am-12:30pm ESL (intermediate) (A) 3:30pm-7pm GED (A) 4:30pm-6:30pm ESL (Beginner) (A) 5:30pm-7pm Homework Diner (F)	<b>16</b> 9:30am-12:30pm Crafts (A) 3:45pm-6:30pm Sewing (A)	<b>17</b> 10am-11am Ballet (K) 10am-11am Basketball (K) 11am-12pm Martial Arts (K) 10am-12pm Piano Level 1 & 2 (K) 10am-12pm Curisoity Club (K) 10am-12pm Citizenship (A) 10am-12pm Women's Art (A) 10am-12pm GED (A) 10am -12pm ESL (intermediate) (A) 10am-12pm Empowerment group (A)
<b>19</b> <u><b>NO FAMILY PROGRAM!</b></u> President's Day!	<b>20</b> 9:15am-11:15am ESL (Beginner) (A) 11:30am-12:30pm ESL (Intermediate) (A) 3:30pm-6:00pm GED (A) 3:30pm-6:00pm Computer Literacy (A) 4:30pm-6:30pm ESL (Beginner) (A) 5:30pm-6:30pm Yoga (A)	<b>21</b> 9:30am-12:30pm Crafts (A) 12:30pm-2:30pm Adult MH Group 4:30pm-6:30pm Haircutting class (A) 5:00pm-6:30pm Mindfulness Group (A) 5:30pm-6:30pm Zumba (A)	<b>22</b> 9:15am-11:15am ESL (Beginner) (A) 11:30am-12:30pm ESL (intermediate) (A) 3:30pm-7pm GED (A) 4:30pm-6:30pm ESL (Beginner) (A) 5:30pm-7pm Homework Diner (F) 5:30pm - 7pm Kitchen Connections (A)	<b>23</b> 9:30am-12:30pm Crafts (A) 3:45pm-6:30pm Sewing (A)	<b>24</b> 10am-11am Ballet (K) 10am-11am Basketball (K) 11am-12pm Martial Arts (K) 10am-12pm Piano Level 1 & 2 (K) 10am-12pm Curisoity Club (K) 10am-12pm Citizenship (A) 10am-12pm Women's Art (A) 10am-12pm GED (A) 10am -12pm ESL (intermediate) (A) 10am-12pm Empowerment group (A)
<b>26</b> 4:30pm-6:30pm Haircutting class (A) 5:30pm - 6:30pm Zumba (A)	<b>27</b> 9:15am-11:15am ESL (Beginner) (A) 11:30am-12:30pm ESL (Intermediate) (A) 3:30pm-6:00pm GED (A) 3:30pm-6:00pm Computer Literacy (A) 4:30pm-6:30pm ESL (Beginner) (A) 5:30pm-6:30pm Yoga (A)	<b>28</b> 9:30am-12:30pm Crafts (A) 12:30pm-2:30pm Adult MH Group 4:30pm-6:30pm Haircutting class (A) 5:00pm-6:30pm Mindfulness Group (A) 5:30pm-6:30pm Zumba (A)	<b>29</b> 9:15am-11:15am ESL (Beginner) (A) 11:30am-12:30pm ESL (intermediate) (A) 3:30pm-7pm GED (A) 4:30pm-6:30pm ESL (Beginner) (A) 5:30pm-7pm Homework Diner (F)	<b>1</b> 9:30am-12:30pm Crafts (A) 3:45pm-6:30pm Sewing (A)	<b>2</b> 10am-11am Ballet (K) 10am-11am Basketball (K) 11am-12pm Martial Arts (K) 10am-12pm Piano Level 1 & 2 (K) 10am-12pm Curisoity Club (K) 10am-12pm Citizenship (A) 10am-12pm Women's Art (A) 10am-12pm GED (A) 10am -12pm ESL (intermediate) (A) 10am-12pm Empowerment group (A)

Clases para:  
**(A) = Adultos**  
**(N) = Niños**  
**(F) = Familia**



# Febrero 2024



Clases para Adultos, Familias y Niños de Completely KIDS (Programa Familiar)

Preguntas?: 402-397-5809 ext. 220 o 208 Dirección: 2566 St. Mary's Ave. Omaha, NE 68105

2023 - 2024

Lunes	Martes	Miércoles	Jueves	Viernes	Sábado
<b>29</b> 4:30pm - 6:30pm Corte de Pelo (A) 5:30pm - 6:30pm Zumba (A)	<b>30</b> 9:15am - 11:15am Ingles Principante (A) 11:30am - 12:30pm Ingles Intermedio (A) 3:30pm - 6:00pm Computación (A) 3:30pm - 6:00pm GED (A) 4:30pm - 6:30pm Ingles Principiante (A) 5:30pm - 6:30pm Yoga (A)	<b>31</b> 9:30am - 12:30pm Manualidades (A) 12:30pm - 2:30pm Salud Mental (A) 4:30pm - 6:30pm Corte de Pelo (A) 5:00pm - 6:30pm Mente Plena (A) 5:30pm - 6:30pm Zumba (A) <b>5:00pm - 6:30pm Salud Mental en los Jóvenes (A)</b>	<b>1</b> 9:15am - 11:15am Ingles Principante (A) 11:30am - 12:30pm Ingles Intermedio (A) 3:30pm-7:00pm GED (A) 4:30pm - 6:30pm Ingles Principiante (A) 5:30pm - 7:00pm Comedor de Tarea (F)	<b>2</b> <b><u>NO PROGRAMA FAMILIAR!</u></b> <b>DIA NO - ESCOLAR!</b> <i>Para inscribir a su niño(a)            Llame a Completely KIDS</i>	<b>3</b> 10am-11am Ballet (N) 10am-11am Baloncesto (N) 11am-12pm Artes Marciales (N) 10am-12pm Piano - Nivel 1 & 2 (N) 10am-12pm Club de Curiosidades (N) 10am-12pm Pre-GED (A) 10am-12pm Ciudadanía (A) 10am-12pm Ingles Intermedio (A) 10am-12pm Arte para Mujeres (A) 10am-12pm Grupo de Empoderamiento (A)
<b>5</b> 4:30pm - 6:30pm Corte de Pelo (A) 5:30pm - 6:30pm Zumba (A)	<b>6</b> 9:15am - 11:15am Ingles Principante (A) 11:30am - 12:30pm Ingles Intermedio (A) 3:30pm - 6:00pm Computación (A) 3:30pm - 6:00pm GED (A) 4:30pm - 6:30pm Ingles Principiante (A) 5:30pm - 6:30pm Yoga (A)	<b>7</b> 9:30am - 12:30pm Manualidades (A) 12:30pm - 2:30pm Salud Mental (A) 4:30pm - 6:30pm Corte de Pelo (A) 5:00pm - 6:30pm Mente Plena (A) 5:30pm - 6:30pm Zumba (A)	<b>8</b> 9:15am - 11:15am Ingles Principante (A) 11:30am - 12:30pm Ingles Intermedio (A) 3:30pm-7:00pm GED (A) 4:30pm - 6:30pm Ingles Principiante (A) 5:30pm - 7:00pm Comedor de Tarea (F)	<b>9</b> 9:30am - 12:30pm Manualidades (A) 3:45pm - 6:30pm Costura (A)	<b>10</b> 10am-11am Ballet (N) 10am-11am Baloncesto (N) 11am-12pm Artes Marciales (N) 10am-12pm Piano - Nivel 1 & 2 (N) 10am-12pm Club de Curiosidades (N) 10am-12pm Pre-GED (A) 10am-12pm Ciudadanía (A) 10am-12pm Ingles Intermedio (A) 10am-12pm Arte para Mujeres (A) 10am-12pm Grupo de Empoderamiento (A)
<b>12</b> 4:30pm - 6:30pm Corte de Pelo (A) 5:30pm - 6:30pm Zumba (A)	<b>13</b> 9:15am - 11:15am Ingles Principante (A) 11:30am - 12:30pm Ingles Intermedio (A) 3:30pm - 6:00pm Computación (A) 3:30pm - 6:00pm GED (A) 4:30pm - 6:30pm Ingles Principiante (A) 5:30pm - 6:30pm Yoga (A)	<b>14</b> 9:30am - 12:30pm Manualidades (A) 12:30pm - 2:30pm Salud Mental (A) 4:30pm - 6:30pm Corte de Pelo (A) 5:00pm - 6:30pm Mente Plena (A) 5:30pm - 6:30pm Zumba (A)	<b>15</b> 9:15am - 11:15am Ingles Principante (A) 11:30am - 12:30pm Ingles Intermedio (A) 3:30pm-7:00pm GED (A) 4:30pm - 6:30pm Ingles Principiante (A) 5:30pm - 7:00pm Comedor de Tarea (F)	<b>16</b> 9:30am - 12:30pm Manualidades (A) 3:45pm - 6:30pm Costura (A)	<b>17</b> 10am-11am Ballet (N) 10am-11am Baloncesto (N) 11am-12pm Artes Marciales (N) 10am-12pm Piano - Nivel 1 & 2 (N) 10am-12pm Club de Curiosidades (N) 10am-12pm Pre-GED (A) 10am-12pm Ciudadanía (A) 10am-12pm Ingles Intermedio (A) 10am-12pm Arte para Mujeres (A) 10am-12pm Grupo de Empoderamiento (A)
<b>19</b> <b><u>NO FAMILY PROGRAM!</u></b> Día del Presidente!	<b>20</b> 9:15am - 11:15am Ingles Principante (A) 11:30am - 12:30pm Ingles Intermedio (A) 3:30pm - 6:00pm Computación (A) 3:30pm - 6:00pm GED (A) 4:30pm - 6:30pm Ingles Principiante (A) 5:30pm - 6:30pm Yoga (A)	<b>21</b> 9:30am - 12:30pm Manualidades (A) 12:30pm - 2:30pm Salud Mental (A) 4:30pm - 6:30pm Corte de Pelo (A) 5:00pm - 6:30pm Mente Plena (A) 5:30pm - 6:30pm Zumba (A)	<b>22</b> 9:15am - 11:15am Ingles Principante (A) 11:30am - 12:30pm Ingles Intermedio (A) 3:30pm-7:00pm GED (A) 4:30pm - 6:30pm Ingles Principiante (A) 5:30pm - 7:00pm Comedor de Tarea (F) 5:30pm - 7:00pm Kitchen Connections (A)	<b>23</b> 9:30am - 12:30pm Manualidades (A) 3:45pm - 6:30pm Costura (A)	<b>24</b> 10am-11am Ballet (N) 10am-11am Baloncesto (N) 11am-12pm Artes Marciales (N) 10am-12pm Piano - Nivel 1 & 2 (N) 10am-12pm Club de Curiosidades (N) 10am-12pm Pre-GED (A) 10am-12pm Ciudadanía (A) 10am-12pm Ingles Intermedio (A) 10am-12pm Arte para Mujeres (A) 10am-12pm Grupo de Empoderamiento (A)
<b>26</b> 4:30pm - 6:30pm Corte de Pelo (A) 5:30pm - 6:30pm Zumba (A)	<b>27</b> 9:15am - 11:15am Ingles Principante (A) 11:30am - 12:30pm Ingles Intermedio (A) 3:30pm - 6:00pm Computación (A) 3:30pm - 6:00pm GED (A) 4:30pm - 6:30pm Ingles Principiante (A) 5:30pm - 6:30pm Yoga (A)	<b>28</b> 9:30am - 12:30pm Manualidades (A) 12:30pm - 2:30pm Salud Mental (A) 4:30pm - 6:30pm Corte de Pelo (A) 5:00pm - 6:30pm Mente Plena (A) 5:30pm - 6:30pm Zumba (A) <b>5:30pm - 6:30pm Niños pequeños y Tecnología ( taller para adultos!)</b>	<b>29</b> 9:15am - 11:15am Ingles Principante (A) 11:30am - 12:30pm Ingles Intermedio (A) 3:30pm-7:00pm GED (A) 4:30pm - 6:30pm Ingles Principiante (A) 5:30pm - 7:00pm Comedor de Tarea (F)	<b>1</b> 9:30am - 12:30pm Manualidades (A) 3:45pm - 6:30pm Costura (A)	<b>2</b> 10am-11am Ballet (N) 10am-11am Baloncesto (N) 11am-12pm Artes Marciales (N) 10am-12pm Piano - Nivel 1 & 2 (N) 10am-12pm Club de Curiosidades (N) 10am-12pm Pre-GED (A) 10am-12pm Ciudadanía (A) 10am-12pm Ingles Intermedio (A) 10am-12pm Arte para Mujeres (A) 10am-12pm Grupo de Empoderamiento (A)